

Trobeu el vostre *challenge* clicant a la següent imatge!

**“FIND YOUR  
30 WITH  
OUR TINY  
TRAINERS”**

**FIND YOUR 30**



My family made me the person I am today, because us kids learn everything from you. Teach us healthy habits that will last a lifetime — let's find you 30 minutes of physical activity today.

[LET'S DO THIS](#) ↓

[WHY YOU SHOULD FIND YOUR 30](#) →